



**PUBLIC SWIMMING AND AQUA FITNESS SCHEDULE**  
**JACK PURCELL POOL - 320 Jack Purcell Lane, Ottawa ON K2P 2J5**  
**Effective September 8, 2020**  
**Pool: 613-564-1027 | Community Centre: 613-564-1050**

Water Temperature: 33 C / 92 F

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
10:15 to 11:15AM	Swim for Persons with a Disability	Swim for Persons with a Disability	Swim for Persons with a Disability	Swim for Persons with a Disability	Swim for Persons with a Disability		
11:30 to 12:30PM	Swim for Persons with a Disability	Swim for Persons with a Disability	Swim for Persons with a Disability	Swim for Persons with a Disability	Swim for Persons with a Disability		
12:45 to 1:30PM	Aqua Therapy (Wellness)	Aqua Therapy (Wellness)	Aqua Therapy (Wellness)	Aqua Therapy (Wellness)	Aqua Therapy (Wellness)		
1:45 to 2:30PM	Chronic Pain (Wellness)	Chronic Pain (Wellness)	Chronic Pain (Wellness)	Chronic Pain (Wellness)	Chronic Pain (Wellness)	Lane Swim 1:30 to 2:30PM	Lane Swim 1:30 to 2:30PM
3:30 to 4:30PM	Lane Swim	Lane Swim	Lane Swim	Lane Swim	Lane Swim	Public Swim 2:45 to 3:45PM	Public Swim 2:45 to 3:45PM
4:45 to 5:30PM	Aqua - Lite 4:45 to 5:30 PM		Aqua - Lite 4:45 to 5:30 PM	Aqua - Lite 4:45 to 5:30 PM	Aqua - Lite 4:45 to 5:30 PM	Women Only Family Swim (Male child 6 and under may attend) 4 to 5PM	Women Only Family Swim (Male child 6 and under may attend) 4 to 5PM
5:45 to 6:45PM	Lane Swim		Lane Swim	Lane Swim	Lane Swim	Please book your time slot ahead of time, online at Ottawa.ca	
7:00 to 8:00PM	Aqua - General Women Only 7:00 to 7:45 PM		Women Only Swim	Swim for Persons with a Disability	Public Swim		

**Swimming Lessons**  
**Children**  
 Fridays 9AM to 1PM  
 Saturdays 9AM to 1PM  
 Sundays 9AM to 1PM

**A Wellness Membership** includes 5 Aqua Therapy and 5 Chronic Pain classes per week. These classes are ideal for individuals living with fibromyalgia, chronic fatigue syndrome, arthritis, osteoporosis and individuals recovering from injury or surgery. As a wellness member, some days you may wish to take an Aqua Therapy class and the next day go back to a Chronic Pain class; this is up to you, and how your body feels. **Please note that clients can only participate in one class per day.**

**1 Month \$38.50    3 Month \$101.25**

**Drop In \$5.50**

**Swimming Memberships**

	1 Month	3 Months	6 Months	1 Year
Seniors, Students, Youth, Child	\$24.25	\$48.25	\$88.00	\$159.50
Adults	\$52.50	\$104.50	\$191.25	\$346.50
Household	\$101.75	\$203.00	\$371.75	\$641.25

**Aqua Fitness Memberships (Does not include Wellness Membership Classes)**

	1 Month	3 Months	6 Months	1 Year
Seniors, Students, Youth	\$54.50	\$108.00	\$197.50	\$357.75
Adults	\$67.50	\$134.50	\$245.50	\$445.75
Household	\$109.00	\$241.25	\$441.25	\$801.50

**Aqua Fitness & Swimming Memberships (Does not include Wellness Membership Classes)**

	1 Month	3 Months	6 Months	1 Year
Seniors, Students, Youth	\$60.25	\$119.75	\$219.25	\$397.50
Adults	\$75.00	\$149.00	\$272.75	\$495.00
Household	\$115.50	\$268.00	\$489.50	\$890.50

**General Swimming Admissions**

Tots (2 & under)	FREE
Child (3-12 years)	\$2.75
Youth (13-18 years)	\$2.75
Student (full-time student with I.D.)	\$2.75
Senior (65 years & over)	\$3.50
Adult (19-64 years)	\$5.25
Children and Parent(s) (minimum of 1 adult, a maximum of 2 adults, & their child(ren)/youth)	\$2.75 per person
Group (10 or more individuals)	\$2.50 per person

**Swims for Persons with a Disability:**

You must complete the Swims for Persons with a Disability Application Form which needs approval from a Full Time Staff at Jack Purcell.

**Aqua Fitness Drop-In Rates**

Seniors, Students, Youth	\$8.00
Adults	\$9.25

**Multi-Visit Aqua Fitness**

	10 visits	20 visits
Seniors, Student, Youth	\$68.50	\$126.00
Adult	\$84.50	\$153.00